



Rootlight®



THE
LIGHT OF
DIVINE SPIRITUAL WISDOM

Shakti Naam Gives Us
the Secret to Freedom
through the Holy Scriptures

from Dr. Joseph Michael Levry

Dear beloved members of our worldwide community,



Holy Scriptures and sacred books surpass all other books, because they are written by the Spirit of God through people sanctified by God at different periods in history. We call these people who are sanctified by God prophets, apostles and enlightened human beings. The Holy Scriptures, then, are a cosmic hotline, connecting us directly with God. Any one line of the Holy Scriptures is empowered to perform wonders; each verse capable of healing any disease. This is why working with them has the power to initiate miracles and unparalleled cures in an individual's life.

*“Thou shall Love the Lord thy God with all thy heart,
and with all thy soul, and with all thy mind,
and thy neighbor as thyself.”*

(Matthew 22:37, King James Bible)

Shakti Naam Yoga can be traced to the Scriptures, and ultimately, deliver the student to an experience of unconditional love through the manifestation of this bible verse: “Thou shall Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and thy neighbor as thyself.” (Matthew 22:37, King James Bible) Loving the Sacred Word is akin to “loving Thy God”. Therefore, Shakti Naam Yoga students experience this part of scripture in every class by working with mantras, prayers and sacred writings from many traditions, including Judaism, Christianity, Sikhism and Hinduism, and in many languages, including Hebrew, English, Latin, Gurmukhi and Sanskrit. This combination of the best of all traditions allows all students to feel comfortable in a Shakti Naam class as they receive a comprehensive system designed to elevate physical, mental, emotional and spiritual health. Indeed, the sound current, Naam, can be used effectively by people from all walks of life, and from all traditions, precisely because Shakti Naam Yoga recognizes that all paths emanate from one Divine Source.

As one mystic stated, “knowledge never comes from only one place, and light never enters through only one window.” All spiritual teachings, of course, originate from one Divine Source (Eck Ong Kar). When

this Light comes to the Earth, it is brought as various principles that are then interpreted by human consciousness as different wisdoms, understandings, and truths. Just as a ray of sunlight passing through a prism refracts into seven colors, so too does Heavenly Wisdom refract into different truths when it is perceived by varying human consciousness. When we are able to intelligently combine these truths here on Earth, we have a greater capacity of experiencing these Heavenly Teachings as they are in the higher world. In other words, when we combine separate truths and wisdoms into a complete form, we are able to discover certain missing aspects of the original formula that may have been lost when the teachings became divided. Naam Yoga accomplishes this by blending the mystical Kabbalah of the west with advanced yogic techniques from various eastern traditions. The harmony that results from this blending is powerful and highly beneficial to humankind, and to our world. It bestows the capacity to move beyond the illusion of separateness and see all as one; to realize that all division is superficial, because deep down everything is one (Eck Ong Kar); to acknowledge the diversification of Divinity, yet simultaneously see the underlying Golden thread that holds all things together and forms the tapestry of life that is God, the One True Source of our Universe. Shakti Naam Yoga bestows the capacity of seeing these sacred teachings as a Divine whole, and above all, as a therapeutic application of a holistic force for the betterment of humankind. As we practice Shakti Naam, which combines these powerful teachings, we approach the realm of love, the realm of wisdom and the realm of truth, which is the source of freedom.

A spiritual person or scientist may claim that he/she has introduced a new idea, but this can never be accurate. According to King Solomon, there is nothing new under the Sun. Nothing is as old as the truth, and nothing is as new as the truth. This is true of both science and spirituality. A spiritual person or scientist who lays claim to inventing anything, is akin to a donkey with a cart who carries merchandise to the market and then says that he has done it all by himself. Behind this donkey, is the cart and the farmer. Indeed, the farmer is leading the donkey who carries the merchandise. In the same way, we can say that the yogi, kabbalist or scientist is nothing more than a harnessed donkey, constrained by the ultimate Master to do a particular job. In other words, the yogi, kabbalist or scientist is not the main influence for bringing something “new” to the world. They are merely the carriers of ideas that come from the higher worlds. Spiritual Masters bring together time proven Teachings from unknown or known sources, with most of what they are teaching being quite ancient.

“Thou shall Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and thy neighbor as thyself.” (Matthew 22:37, King James Bible) This quote reveals quite clearly, and without ambiguity, that there are three conditions each of us must fulfill in order to know God and, since God is Love, to know the true nature of Love. Divine Love is above religion. You will never know the reality of Love until you fulfill, both in belief and in practice, the three conditions of Love expressed in the scripture quoted above. In other words, you must be able to see God in every sacred teaching; you must be able to see God in everyone; you must be able to see God in yourself. If you are not applying the scripture in this way, then you do not really see God at all and, therefore, do not understand the reality of Love.

Let’s examine these three conditions: First, we must see God in every sacred teaching. Loving God with all your heart, all your soul, and your mind, means seeing God, who is Love, in all sacred teachings. Understand, all sacred teachings, whether contained in the Bible, Koran, Torah or Siri Guru Grant Sahib,

are comprised of sacred Words. And the Word is God. Therefore, one cannot preach from the Bible, and disparage the Koran, the Torah or Siri Guru Grant Sahib. One cannot preach unconditional Love, and then use their selected sacred teachings as a foundation for discrimination and hate. By seeing God in every sacred teaching they will reveal their hidden and healing secrets to you. Secondly, we must see God in everyone. This is what loving thy neighbor means. Seeing God in everyone means that we actively acknowledge that each and every human being we encounter has been created by God. It is impossible to Love the Creator, yet hate His creation. Each of us, regardless of race, gender, ethnicity or religious affiliation must be approached as an extension of God. By seeing God in a person, we neutralize their body of pain, and take away from them the ability to hurt us. Finally, we must see God in ourselves. This is what it means to Love yourself. We must each understand that we are as deserving of our Love, kindness, understanding and compassion as those around us. In other words, we must approach ourselves with the reverence that we approach God. In this way, we honor the God and Love in us. By seeing God in ourselves, we manifest the Light of God within, and where there is Light, you cannot find darkness. Once again, it is by applying these three conditions, laid down clearly by the scripture, that we come to fully apply it's meaning in our lives in a practical way.

You know someone's heart is truly open; you know someone has truly raised their kundalini, and you know the Word has truly been made flesh in someone, when they are able to fulfill the above conditions simultaneously and consistently. Conversely, a person who does not fulfill these three conditions yet still preaches about unconditional Love, is like the devil quoting the scriptures. When your Kundalini Shakti truly rises you're a living manifestation of this Bible Quote in action. When your heart is truly open, you become a living manifestation of this bible quote in action. If you want to know without doubts whether a person's heart is open, or whether their Kundalini Shakti has risen, check if the way they think, feel, speak, act, and behave is the manifestation of this bible quote.

No one appears inferior to us when our heart is kindled by love and kindness, and our eyes are opened to the vision of God. This is the only law that manifests itself in the three worlds. Loving God, and the Word, which is God, mystically corresponds to the Divine world. Loving yourself, and your soul, means seeing God in yourself. This corresponds to the spiritual world. Loving your neighbor, means seeing God in everyone. This corresponds to the physical world. When you are able to Love God, the source of Life, by seeing Him in all teachings and in all of His creatures, you manifest acceptance of the source of Life; the primal beginning. Time and space begin to serve you, for when we extend love to others in this way, the Love that extends from the Eternal Beginning can flow through us.

The whole Universe is kept together by Love. Love is the way of the heart. It is the highest form of yoga, the highest form of kabbalah, and the highest form of spirituality. Divine, or unconditional Love, is above religion. We cannot live without a heart, and the heart cannot live without Love. Open your heart with Naam and Love, and the harmony of Heaven will always be with you.

*With Love, Peace and Light,
Rootlight Team*

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